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Thanks for your interest in summer camp at Amped Up! We know that our facilities and programs offer a safe, clean, and unique setting in which your child can thrive. We are owned and operated by former Baltimore County teachers with a combined 35 years of experience in local elementary and middle school settings. We also own and run our in-house theater that offers before & after school childcare, and hosts birthday parties, family game nights, school field trip shows, and many other events. Details regarding our summer camp can be found below.

CALENDAR: Our “A.M.P.” Camp (Audio/Video, Movement, & Performance) will be offered all summer, according to the Baltimore County Public School calendar.

- Camp starts on Monday, June 15th. Start date may be adjusted, per BCPS calendar.
- Camp ends on Friday, August 28th.
- Schedules, activities, and field trips may be altered based on availability.

COSTS: Children from ages 4-11 (Pre-Kindergarten through 5th grade) may enroll. Each day begins at 9:00 AM and ends at 4:00 PM. Extended care is available from 6:45-9:00 AM and 4:00- 6:00 PM for an additional charge. Fees for our camp are as follows:

- **\$285/week** if enrolling for 6 weeks or more
- **\$305/week** if enrolling for 5 weeks or less
- \$50/week for extended before OR after care, \$75/week for BOTH
- Two (2) weeks minimum enrollment
- All field trip costs are included! No additional “Activity Fees”
- \$10 sibling discount
- \$40 registration fee (New campers only) and last week’s tuition due during enrollment. Subsequent payments are due prior to the start of each week.



SUMMER CAMP ITINERARY

The premise that sparked the creation of Amped Up is “edutainment” for kids – learning through interactive and fun activities. The central components of this are our game show parodies and group performances. We create and present many versions of these to thousands of students each year and now it’s your child’s turn! Each week we will host various game show titles highlighting content knowledge, general trivia, and activity challenges. Campers will participate in and assist with these performances and will then receive exposure to, and in some cases, hands-on experience with, the following:

- **Sound Equipment:** Amplifiers, Sound Processors, Mixing Boards, Musical Instruments
- **Lighting and Effects:** Light Controllers, Par Cans, LED Washes, Moving Head Lights, Laser Lights, Disco Balls, Blacklight Cannons
- **Multimedia:** Electronic Polling Equipment, Competition Buzzer Systems, Presentation Software, Multimedia Projectors

In addition, each camper will get to participate in the activities below within our various areas:

- **Table Games:** Pool, ping-pong, foosball, air hockey, skee ball, shuffleboard, bubble hockey, etc.
- **Musical Instruments:** Drums, guitars, keyboard, microphones...
- **Video Games:** Giant screen Wii & Xbox One, vintage arcade games, digital pinball, etc.
- **Sports:** Rock climbing, inflatables, basketball, volleyball, football, soccer...
- **Extras (Cool Stuff):** Slot cars, pachislo, Beam interactive floor game, water slides, and more!

The following are included with your summer camp tuition:

- Camp T-Shirt
- **Weekly Field Trips** – Skateland, AMF Bowling, Chuck E. Cheese, Jurassic Golf, Monster Laser Tag, Jungle Land, Kidzville, Angel Park, Annie’s Playground, Eastern Regional Park & more! One trip will be taken each week, and a detailed schedule will follow. Trips may be limited based on weather and availability.



DAILY SCHEDULE

Our daily camp schedule is listed below. This will be adjusted for field trips and other special occurrences as necessary. For those participating in extended care, breakfast must be provided by the parent/guardian. An afternoon popsicle/ice treat or other items will be supplied by the camp. Additional snacks can be sent with lunch (Lunch must be packed each day, but can be ordered on most Mondays).

Time	Activity
6:45-9:00 (Early Drop Off)	Free Activity Time
9:00-9:30	Arrival, Check In, Breakfast
9:30-10:00	Welcome, Daily Overview, Game Shows, Small Group Work
10:00-11:30	Rotations (Activity Area, Game Room, Theater, Outside*)
11:30-1:00	Lunch Shifts, Quiet/Unplugged Time
1:00-1:30	Small Group Work
1:30-3:00	Rotations (Activity Area, Game Room, Theater, Outside*)
3:00-3:15	Afternoon Ice Treat/Snack
3:15-4:00	Activity Choice, Mixed Age Groups
4:00-6:00 (Extended Pick Up)	Rotations (Activity Area, Game Room, Theater, Outside*)

WEEKLY SCHEDULE

Movement & Menu Mondays – Dance parties, limbo, musical chairs, karaoke, etc.

Lunch may be ordered from Amped Up (Starting June 22nd).

Trip Tuesdays – Offsite trips (Group 1)

Wander Wednesdays – Offsite trips (Group 2)

Trip Thursdays – Offsite trips (Group 3)

Sun & Fun Fridays – Water Day (Slides etc.)

****Weekly themes will be incorporated - details to follow***

DISCIPLINE POLICY

Our facility serves children ages 4-11. Because of the structure of our program, the extensive activities offered, and the instructional strategies employed, behavior issues should be minimized. Our goal is not only to foster independence and creativity, but to promote positive self-discipline skills as well. This will be achieved through our physical setup, program schedule, behavior policies, communication of expectations, and staff interactions.

The guiding principles and goals of our discipline policy include:

- Children and their feelings should be respected
- Reinforcement and modeling of positive behavior is essential
- Correction and guidance should be delivered in a positive, calm, and controlled manner
- Expectations should be communicated clearly and often
- Individuals should strive to monitor and manage their own behavior

Center staff will utilize the following methods:

- Set reasonable and consistent procedures and limits
- Clearly communicate program schedules and expectations
- Openly discuss conflicts and infractions
- Encourage children to provide alternatives for future behavior
- Incorporate positive and proactive strategies such as redirecting and providing choices
- Model appropriate behaviors and positive character traits
- Anticipate potential problems and incidents via interactive supervision

Specific strategies to be used at our center are:

- Assigning each child a seat and table spot in which they can keep their belongings
- Supplying sign-up sheets and announcing rotation schedules during free time activities
- Offering reward activities for children who reach pre-set goals
- Providing opportunities for problem solving and discussion during large and small group presentations and interactive games (Character education, content instruction...)
- Providing variety and choice of activities during room rotations

Practices that MAY NOT be used include:

- Physical/corporal punishment or threats to use such methods
- Verbal abuse, belittlement, or demeaning comments
- Use of food as reward or punishment
- Isolation beyond the sight of staff members

Parent/Guardian relations should:

- Be professional, courteous, and respectful at all times
- Encourage open dialogue and teamwork
- Include anecdotal observations and avoid judgment type statements
- Work towards the betterment of each child's experiences at the center and beyond





SCREEN TIME POLICY

In the best interest of our children's health and well-being, computers and other media devices are used within our program. The instructors will utilize all screen interactions as a way to enhance learning and experiences, and all staff will be actively involved in that process. Access to direct screen time will be limited to 30 minutes per day, with exceptions for ancillary or incidental use related to broader activities. However, tablets, i-pads, and similar devices **ARE NOT** permitted at Amped Up. The only electronics that children can bring are game consoles and cell phones, although use of these is regulated and monitored.

Examples of appropriate screen time include:

- Educational Software – Homework, learning-based games, etc.
- Group Game Shows – Content and activity based – Millionaire, Smarter than a 5th Grader, Minute to Win It, Would You Rather...
- Beam Interactive Floor Game – 100 games involving sports, math, reading, music and others.
- Video Games – Xbox One, PlayStation 5, Nintendo Switch, vintage arcade consoles & more!

Screen Time Activities that are NOT permitted:

- Social Media – TikTok, Instagram, YouTube, Facebook, etc.
- Calling or Texting – Children may not initiate or accept communication without permission.
- Recording – Video and pictures may not be captured on phones, unless they are part of a group activity and when permission is granted from supervising staff.

POLICY PILLARS, ENFORCEMENT

In addition to the policies above, we require that all campers adhere to four main components (Pillars) of behavior – Safety, Staff, Students, Speaking.

- **Safety** – This includes remaining in assigned areas, following facility rules, showing bodily control, and more.
- **Staff** – Campers must follow adult directions and use respectful language when dealing with all staff.
- **Students** – Children must be respectful to their peers. Hitting, kicking, teasing, intimidating and others are not allowed.
- **Speaking** – Profane, abusive, or inappropriate language will not be tolerated.

All guidelines and policies need appropriate and consistent monitoring and follow-through, in order to be effective. To that end, the following will be utilized with our campers:

- **Reflection/Discussion** – Individual conferences with children will take place in order to identify unacceptable behaviors, along with the reasons for their occurrence, the rationale for the specific rule(s), and a plan for future adherence.
- **Time Out/Activity Exclusion** – As a natural consequence, some students may be excluded from selected activities during which they cannot maintain self-control, if they make unsafe choices, or if they do not follow other facility rules (Sharing, taking turns, using appropriate language...).
- **Rewards & Reinforcement** – Daily & weekly incentives will be offered for exemplary behavior. This includes following center rules, treating others kindly, assisting with tasks and activities, etc.
- **Parent/Teacher Meetings** – As necessary, and daily with selected parents. This should take place to report positive behaviors and actions as well as to address areas of need.
- **Short-Term Suspensions** – One-to-three-day suspensions may need to be served after repeated offenses or severe infractions.
- **Program Expulsion** – As a last resort, children may be asked to leave our program. These situations are rare, and we will make every effort to work with children and their families.



SAFETY, HEALTH, & INCLUSION

Safety

Ensuring the safety of all children under our care is a responsibility we take very seriously. In addition to daily procedures and program rules, we have incorporated the following safety features and protocols:

- **Door Locks** – All doors are locked from the outside. Our main right door has a programmable entry lock that can be opened with assigned codes during program hours.
- **Burglar Alarm** – Door entry sensors and motion detectors along with panic alarms are in use.
- **Fire System** – Our entire facility is equipped with sprinklers, fire extinguishers, an annunciator panel, and monitored smoke detectors and fire alarms.
- **Camera System** – Every area of our building (Inside & out) is under video surveillance via a 16 channel HD video camera system with night vision.
- **Privacy Fence** – Our outdoor play area is surrounded by a six-foot privacy fence and is locked from the inside (Panic bars allow children to exit in case of emergency).
- **Emergency Drills** – Monthly drills for evacuation, shelter in place, and others are performed.



Health

A healthy environment is essential to attendance, participation, and enjoyment within our program. To promote these, we have incorporated the practices and policies below:

- **First Aid & CPR** – All lead teachers are trained every two years, along with in-house refresher training.
- **Nurse Consultant** – A registered nurse is available should any health matter beyond our employees' scope of knowledge arise. Any major issues would be referred to the nearest hospital emergency room.
- **First Aid Kits** – Kits are available in our center and in our vans.
- **Clean Environment** – We strive to keep our facility clean and germ free via daily cleaning and antibacterial treatments. Hands are washed/sanitized each day prior to snack, after restroom use, and at other times throughout the day.
- **Illness Policy** – Any time a child has a contagious illness or selected symptoms (Flu, pink eye, stomach virus, vomiting, etc.) we require either a 24-48 hour symptom free period or a doctor's note prior to a camper's return. Additional details can be found below within our Illness protocols.

Inclusion

Children mature at different rates and have various levels of proficiency in many aspects of development (Physical, Mental, Emotional...). For this reason, we try to differentiate activities and offer choice whenever possible. Our program does not discriminate against children with disabilities or special needs, and we will work with families to incorporate recommendations and strategies found in IEP or 504 plans. If a dedicated assistant is required for the child, additional costs may apply, and we will also need to make sure our facility can accommodate children in certain circumstances. All children must be fully potty trained and be able to observe social interaction guidelines.

ILLNESS PROCEDURES & POLICIES

The COVID-19 outbreak has changed many aspects of our daily lives. This in turn has brought about substantial updates to our program both internally, and from outside agencies and governing bodies. Listed below are general guidelines and practices that are being followed in our facility. Please contact us with questions and for additional details.

Facility Re-organization and Design

Our room layouts, including furniture, equipment and game consoles have been adjusted to accommodate distancing recommendations where appropriate. We have also upgraded to MERV 10 filters in all of our HVAC units.

Sanitizing Procedures

Cleanliness has always been a priority at our center, but sanitizing is now a greater focus than ever before. Hard surfaces such as tables, chairs, door handles, and others are sanitized throughout the day. Shared items, including game controllers, playground balls, selected toys, and others are wiped with disinfectant as well. Large equipment is used on a rotating basis, with assigned lanes/areas, and is sanitized afterwards. Frequent hand washing is required of all children and staff throughout the day, and other measures are utilized as necessary.

Illness Protocol

Standard center requirements regarding doctors' releases or 24-48 hours of symptom free conditions (Without medication) are always required for communicable illnesses such as flu, COVID, strep throat, etc. This is also needed for fever, vomiting, diarrhea, sore throat, persistent cough, shortness of breath, fatigue, loss of taste/smell, and other symptoms. Specific protocols will be implemented as warranted.





REGISTRATION

Additional information and enrollment requirements are available in our registration packet. This can be found on our website or can be requested using the contact information below. We thank you for considering A.M.P. Camp 2026 and hope to see you soon!

Amped Up is a fully licensed State of Maryland childcare center (#160908) and summer camp program. All employees receive a full federal and state background check, are CPR/First Aid certified, and clean driving records are required for staff that transport children.

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