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Thanks for your interest in summer camp at Amped Up! We know that our facilities and programs offer a safe, clean, and unique setting in which your child can thrive. We are owned and operated by current and former Baltimore County teachers with a combined 34 years of experience in local elementary and middle school settings. We also own and run our in-house theater that offers before & after school childcare, and hosts birthday parties, family game nights, school field trip shows, and many other events. Details regarding our summer camp can be found below.

**CALENDAR:** Our "A.M.P." Camp (Audio/Video, Movement, & Performance) will be offered all summer, according to the Baltimore County Public School calendar.

- Camp starts Monday, June 17th. Camp start date may be adjusted per BCPS calendar.
- Camp ends on Friday, August 23<sup>rd</sup>.
- Schedules, activities, and field trips may be altered based on availability.

**COSTS:** Children from ages 5-11 (Kindergarten-5<sup>th</sup> grade) may enroll. Each day begins at 9:00 AM and ends at 4:00 PM. Extended care is available from 6:45 AM until 6:00 PM for an additional charge. Fees for our camp are as follows:

- \$255/week if enrolling for 6 weeks or more
- \$275/week if enrolling for <u>5 weeks or less</u>
- \$40/week for extended before OR after care, \$60/week for BOTH
- Two (2) weeks minimum enrollment
- All field trip costs are included! No additional "Activity Fees"
- \$10 sibling discount
- \$40 registration fee (New campers only) and last week's tuition due during enrollment. Subsequent payments are due prior to the start of each week.



## **SUMMER CAMP ITINERARY**

The premise that sparked the creation of Amped Up is "edutainment" for kids — learning through interactive and fun activities. The central components to this are our game show parodies and group performances. We create and present many versions of these to thousands of students each year and now it's your child's turn! Each week we will host various game show titles highlighting content knowledge, general trivia, and activity challenges. Campers will participate in and assist with these performances and will then receive exposure to, and in some cases hands on experience with, the following:

- Sound Equipment: Amplifiers, Sound Processors, Mixing Boards, Musical Instruments
- <u>Lighting and Effects</u>: Light Controllers, Par Cans, LED Washes, Moving Head Lights, Laser Lights, Disco Balls, Blacklight Cannons
- <u>Multimedia</u>: Electronic Polling Equipment, Competition Buzzer Systems, Presentation Software, Multimedia Projectors

In addition, each camper will get to participate in the activities below within our various areas:

- Table Games: Pool, ping-pong, foosball, air hockey, skee ball, shuffleboard, bubble hockey, etc.
- Musical Instruments: Drums, guitars, keyboard, microphones...
- Video Games: Giant screen Wii & Xbox One, vintage arcade games, digital pinball, etc.
- Sports: Rock climbing, bounce houses, basketball, volleyball, football, soccer...
- Extras (Cool Stuff): Slot cars, pachislo, Beam interactive floor game, water slides, and more!

The following are included with your summer camp tuition:

- Camp T-Shirt
- Weekly Field Trips Pine Valley Swim Club, Skateland, Glen Arm Sports, Horizon Cinemas
  Fallston, Chuck. E. Cheese, Marshy Point, Monster Mini Golf, Local Parks (Honeygo Run, Angel
  Park, Annie's Playground, Eastern Regional...) & more! Two trips will be taken most weeks. A
  detailed schedule will follow. Trips may be limited based on weather and availability.



# **DAILY SCHEDULE**

Our daily camp schedule is listed below. This will be adjusted for field trips and other special occurrences as necessary. For those participating in extended care, breakfast items (If desired) would be provided by the parent/guardian. An afternoon popsicle/ice treat will be supplied by the camp. Additional snacks can be sent in with lunch.

Time	Activity
6:45-9:00 (Early Drop Off)	Breakfast, Free Activity Time
9:00-9:15	Arrival, Check In
9:15-9:30	Welcome, Daily Overview
9:30-10:00	Whole Group Game Shows/Small Group Work
10:00-11:30	Activity Rotations (Bounce Room, Game Room, Theater, Outside*)
11:30-1:00	Lunch Shifts, Quiet/Unplugged Time
1:00-1:30	Small Group Work
1:30-3:00	Activity Rotations (Bounce Room, Game Room, Theater, Outside*)
3:00-3:15	Afternoon Ice Treat/Snack
3:15-4:00	Activity Choice, Mixed Age Groups
4:00-6:00 (Extended Pick Up)	Activity Rotations (Bounce Room, Game Room, Theater, Outside*)

# **WEEKLY SCHEDULE**

Menu Mondays - Lunch may be purchased from Amped Up (Starting June 24th)

<u>Trip Tuesdays</u> - Field Trips (Group 1), Water Day (Group 2)

Water Wednesdays - Water Day (Group 1), Field Trips (Group 2)

Park Trip Thursdays - Local Park Field Trips - Split groups, morning and afternoon

Fun Fridays - Water Day (Split groups), Kona Ice

\*Weekly themes will be incorporated as well, with details to follow

### **DISCIPLINE POLICY**

Our facility serves children ages 5-11. Because of the structure of our program, the extensive activities offered, and the instructional strategies employed, behavior issues should be minimized.

Our goal is not only to foster independence and creativity, but to promote positive self-discipline skills as well. This will be achieved through our physical setup, program schedule, behavior policies, communication of expectations, and staff interactions.

### The guiding principles and goals of our discipline policy include:

- · Children and their feelings should be respected
- Reinforcement and modeling of positive behavior is essential
- · Correction and guidance should be delivered in a positive, calm, and controlled manner
- Expectations should be communicated clearly and often
- Individuals should strive to monitor and manage their own behavior

#### Center staff will utilize the following methods:

- Set reasonable and consistent procedures and limits
- Clearly communicate program schedules and expectations
- Openly discuss conflicts and infractions
- Encourage children to provide alternatives for future behavior
- Incorporate positive and proactive strategies such as redirecting and providing choices

### Specific strategies to be used at our center are:

- Assigning each child a seat and table spot in which they can keep their belongings
- · Supplying sign-up sheets and announcing rotation schedules during free time activities
- Providing opportunities for problem solving and discussion during group presentations and interactive games
- · Providing variety and choice of activities in each room

#### Practices that MAY NOT be used include:

- Physical/corporal punishment or threats to use such methods
- Verbal abuse, belittlement, or demeaning comments
- Use of food as reward or punishment
- Isolation beyond the sight of staff members

#### Parent/Guardian relations should:

- Be professional, courteous, and respectful at all times
- Encourage open dialogue and teamwork
- Include anecdotal observations and avoid judgment type statements
- · Work towards the betterment of each child's experiences at the center and beyond



# SAFETY, HEALTH, & INCLUSION

# Safety

Ensuring the safety of all children under our care is a responsibility we take very seriously. In addition to daily procedures and program rules, we have incorporated the following safety features and protocols:

- <u>Door Locks</u> All doors are locked from the outside. Our main right door has a programmable entry lock that can be opened with assigned codes during program hours.
- Burglar Alarm Door entry sensors and motion detectors along with panic alarms are in use.
- <u>Fire System</u> Our entire facility is equipped with sprinklers, fire extinguishers, an annunciator panel, and monitored smoke detectors and fire alarms.
- <u>Camera System</u> Every area of our building (Inside & out) is under video surveillance via a 16 channel HD video camera system with night vision.
- <u>Privacy Fence</u> Our outdoor play area is surrounded by a six-foot privacy fence and is locked from the inside (Panic bars allow children to exit in case of emergency).
- Emergency Drills Monthly drills for evacuation, shelter in place, and others are performed.

### Health

A healthy environment is essential to attendance, participation, and enjoyment within our program. To promote these, we have incorporated the practices and policies below:

- First Aid & CPR All lead teachers are trained every two years, along with in-house refresher training.
- <u>Nurse Consultant</u> A registered nurse is available should any health matter beyond our employees' scope of knowledge arise. Any major issues would be referred to the nearest hospital emergency room.
- First Aid Kits Kits are available in our center and in our vans.
- <u>Clean Environment</u> We strive to keep our facility clean and germ free via daily cleaning and antibacterial treatments. Hands are washed/sanitized each day prior to snack, after restroom use, and at other times throughout the day.
- <u>Illness Policy</u> Any time a child is sent home from school or our center for a contagious illness (Flu, pink eye, stomach virus, etc.) we require either a 24 hour symptom free period or a doctor's note prior to a camper's return. An update to this policy can be found below within our COVID-19 section.

## Inclusion

Children mature at different rates and have various levels of proficiency in many aspects of development (Physical, Mental, Emotional...). For this reason, we try to differentiate activities and offer choice whenever possible. Our program does not discriminate against children with disabilities or special needs, and we will work with families to incorporate recommendations and strategies found in IEP or 504 plans. If a dedicated assistant is required for the child, additional costs may apply, and we will also need to make sure our facility can accommodate children in certain circumstances. All children must be fully potty trained and be able to observe social distancing guidelines.

## **COVID-19 PROCEDURES & POLICIES**

The COVID-19 outbreak has changed many aspects of our daily lives. This in turn has brought about substantial updates to our program both internally, and from outside agencies and governing bodies. Listed below are general guidelines and practices that are now being followed in our facility. Please contact us with questions and for additional details.

### Facility Re-organization and Design

Our room layouts, including furniture, equipment and game consoles have been adjusted to accommodate distancing protocols. We have also upgraded to MERV 10 filters in all of our HVAC units.

### Sanitizing Procedures

Cleanliness has always been a priority at our center, but sanitizing is now a greater focus than ever before. Hard surfaces such as tables, chairs, door handles, and others are sanitized throughout the day. Shared items, including game controllers, playground balls, selected toys, and others are wiped with a bleach-based solution as well. Large equipment is used on a rotating basis, with assigned lanes/areas, and is sanitized afterwards. Frequent hand washing is required of all children and staff throughout the day, and other sanitizing measures are utilized as necessary.

### Illness Protocol

Standard center requirements regarding doctors' releases or 24-48 hours of symptom free conditions are still in effect for any communicable illnesses such as flu, strep throat, etc. This is also required for fever, vomiting, diarrhea, sore throat, persistent cough, shortness of breath, fatigue, loss of taste/smell, and other specific symptoms. Procedures regarding mask wearing, temperature checks, and Covid questionnaires will be implemented as needed.





## REGISTRATION

Additional information and enrollment requirements are available in our registration packet. This can be found on our website or can be requested using the contact information below. We thank you for considering A.M.P. Camp 2024 and hope to see you soon!

Amped Up is a fully licensed State of Maryland childcare center (#160908) and summer camp program. All employees receive a full federal and state background check, are CPR/First Aid certified, and clean driving records are required for staff that transport children.

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